

# SKILLS BASED GROUP PROGRAM FOR CARE PARTNERS OF PEOPLE LIVING WITH DEMENTIA



## THE REITMAN CENTRE CARERS PROGRAM

Coaching Advocacy Respite Education Relationship Simulation

- Practical skills and emotional supports
- Problem solving techniques & simulation exercises
- Strategies for meaningful relationships
- 8 weekly, 2 hour sessions. Free of charge.

FOR MORE INFORMATION & TO REGISTER, please contact:



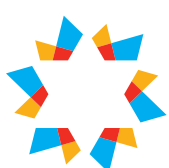
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**Sinai  
Health**

Cyril & Dorothy, Joel & Jill  
Reitman Centre for Alzheimer's  
Support and Training